



# ALUMNI COMMUNIQUE

Issue 13 - July 2023

## COMMONWEALTH SPORT CANADA IS LOOKING FOR PERSONNEL COMMITTEE MEMBERS

Do you have Human Resources expertise? Are you aware of Ontario's Employment Standards Act (ESA)? We would like to hear from you. If you are interested or would prefer more information, please email Trevino Betty at [tbetty201@gmail.com](mailto:tbetty201@gmail.com).

# TEAM CANADA SET TO COMPETE AT THE 2023 COMMONWEALTH YOUTH GAMES

The Canadian Team has been selected!



The seventh Commonwealth Youth Games will take place on the Islands of Trinidad and Tobago between 4-11 August 2023. 1000+ athletes and para athletes between the ages of 14-18 will participate in seven sports managed by 500+ officials. The Commonwealth Youth Games can be a valuable springboard for the stars and leaders of tomorrow, contributing to the further development of youth sport throughout Canada and the Commonwealth. The sports will take place across Trinidad and Tobago, bringing a diverse perspective of the twin island country to the nations of the Commonwealth, as well as showcasing a festival of the country’s activities. Team Canada will compete in Athletics, Beach Volleyball, Netball and Rugby 7s fielding a team of 74 athletes and staff.

## TEAM CANADA

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### ATHLETICS

Function	Gender	First Name	Last Name	City
Athlete	F	Emily	Cescon	Toronto, ON
Athlete	F	Hadassah (Lademi)	Davies	Waterloo, ON
Athlete	F	Alexa Marie	Dow	Cowichan Bay, BC

Athlete	F	Hanna	Hollins	Pickering, ON
Athlete	F	Erika	Lealess	Fullarton, ON
Athlete	F	Ashley	Odiase	Calgary, AB
Athlete	F	Tatiana	Quan-Vie	Calgary, AB
Athlete	F	Kiara	Webb	Brampton, ON
Athlete	M	Tyler	Browne	Victoria, BC
Athlete	M	Travis	Gaffney	Brockville, ON
Athlete	M	Jett	Hasiuk	Cochrane, AB
Athlete	M	Pishon	Haughton	Kelowna, BC
Athlete	M	Michael	Hussey	Saskatoon, SK
Athlete	M	Ryan	Lofstrom	Campbell River, BC
Athlete	M	John	Mcgowan	Kempville, ON
Athlete	M	Noah	Neves	Winnipeg, MB
Athlete	M	Tooni	Ogunyeye	Brampton, ON
Coach	F	Leslie	Estwick	Nepean, ON
Coach	F	Christine	Laverty	Calgary, AB
Physiotherapist	M	Tyler	Dumont	Surrey, BC
Team Manager	F	Gabby	Faoro	Ottawa, ON

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## BEACH VOLLEYBALL

Function	Gender	First Name	Last Name	City
Athlete	F	Katarina	Drozd	Toronto, ON
Athlete	F	Calinda	Kok	Kitchener, ON
Athlete	M	Andon	Kiriakou	Ajax, ON
Athlete	M	Oliver	Toomes	Toronto, ON
Team Manager	M	Andrew	Kos	Toronto, ON

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## NETBALL

Function	Gender	First Name	Last Name	City
Athlete	F	Katharine	Doerksen	Burnaby, BC
Athlete	F	Holly	Hancock	Burnaby, BC
Athlete	F	Nyomi	Khau	Coquitlam, BC
Athlete	F	Jaya Kaur	Kooner	Burnaby, BC
Athlete	F	Abigail	Mclean	Heritage Pointe, AB
Athlete	F	Hannah	Mclean	Heritage Pointe, AB
Athlete	F	Pearl	Mehta	Burnaby, BC
Athlete	F	Ella	Ricketts	Burnaby, BC

Athlete	F	Loliyo	Tulu	Port Moody, BC
Athlete	F	Janelle	Yang	Burnaby, BC
Coach	F	Amonda Leigh	Francis	Burnaby, BC
Physiotherapist	F	Kristine	Slater	Vancouver, BC
Team Manager	F	Julia	Carollo	Port Coquitlam, BC

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## RUGBY 7's

### WOMEN'S TEAM

Function	Gender	First Name	Last Name	City
Athlete	F	Elle	Douglas	Saskatoon, SK
Athlete	F	Lana	Dueck	Abbotsford, BC
Athlete	F	Skye	Farish	Victoria, BC
Athlete	F	Ava	Ference	Duncan, BC
Athlete	F	Charlotte	Hilton	Fall River, NS
Athlete	F	Kiki	Idowu	North York, ON
Athlete	F	Olivia	Newsome	Calgary, AB
Athlete	F	Anyia	Prokopich	Surrey, BC
Athlete	F	Adia Elise	Pye	Victoria, BC
Athlete	F	Brooklyn	Roddham	Langley, BC
Athlete	F	Sarah	Schonfeld	Ottawa, ON
Athlete	F	Kennedi	Stevenson	Glen Williams, ON
Athlete	F	Zina	Umeh	Calgary, AB
Coach	F	Darcy	Patterson	North Vancouver, BC
Physiotherapist	F	Laura	Schrader	Victoria, BC

### MEN'S TEAM

Athlete	M	Briar	Barron	Holland Landing, ON
Athlete	M	Spencer	Cotie	Victoria, BC
Athlete	M	Morgan	Di Nardo	Toronto, ON
Athlete	M	Adam	Doane	Keswick, ON
Athlete	M	Ty	Driscoll	Victoria, BC
Athlete	M	Tyge	Harvey	Binbook, ON
Athlete	M	Aiden	Jones	Shawnigan Lake, BC
Athlete	M	Sebastian Beau	Lambert	Denman Island, BC
Athlete	M	Hudson	Poppitt	Victoria, BC
Athlete	M	Max	Ross	Langley, BC
Athlete	M	Charles	Squires	Avon, UK
Athlete	M	Reece	Thompson	Barrie, ON
Athlete	M	Stephen	Webb	Toronto, ON
Coach	M	Nigel	D'acre	Mississauga, ON

Message Therapist	F	Jamie	Neill	Victoria, BC
Team Manager	M	Khalil	Ajram	Aurora, ON

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Team Canada will be led by an experienced Mission Staff of Kelly Laframboise as Team Leader; Chris Taylor as Deputy Team Leader and Dr. Erika Persson as Chief Medical Officer. For more information on Trinbago2023, including Tourism, you can visit their website at [www.trinbago2023.com](http://www.trinbago2023.com).

**To see each Team's official announcement:**

Athletics: [Next Gen of Team Canada Ready for Commonwealth Youth Games](#)

Beach Volleyball: [Beach Volleyball Trials Update](#)

Fast5 Netball: [2023 Canadian National U18 Team](#)

Rugby 7s: [Canada's Rugby Sevens teams named for Trinbago 2023 Commonwealth Youth Games](#)

## SPORTWORKS AND THE TRINBAGO 2023 COMMONWEALTH YOUTH GAMES



Working closely with the Organizing Committee, the local community, and Games volunteers, CSC SportWORKS Officers are involved in all facets of the planning, delivery, and evaluation of the 2023 Commonwealth Youth Games being held in Trinidad and Tobago.

SportWorks Officer, Emily Metituk has been posted to Trinidad as Sport Entries Lead and Tyler Powell has joined the Accreditation Team.

The 2023 Commonwealth Youth Games, officially known as the VII Commonwealth Youth Games and informally as

Trinbago 2023, will be held in Port of Spain, Trinidad and Tobago in 2023. They will be the seventh edition of the Commonwealth Youth Games. The games were initially scheduled for August 2021 but were postponed and now will be held from 4 to 11 August 2023 as a result of the global COVID-19 pandemic and scheduling issues with the 2020 Summer Olympics and the 2022 Commonwealth Games. Trinbago 2023 will comprise seven sports and will be held in two clusters, one in Trinidad and the other in Tobago. The seven sports are Swimming, Athletics, Cycling, Fast5 Netball, Rugby Sevens, Triathlon and Beach Volleyball.

Canadian SportWORKS Officers will assist with the planning and preparation of the Commonwealth Youth Games. Specific project focus will include assisting with the planning of Games community legacy projects as well as working to assist the Games medical team with set-up / preparations for the Games. CSOs will also assist with other Games-related planning projects and will work in concert with interns from the CGF's equip internship program.

## COMMONWEALTH SPORT CANADA JOINS ABUSE-FREE SPORT



COMMONWEALTH SPORT CANADA is pleased to announce that it has signed an agreement to join Abuse-Free Sport, the new independent program to prevent and address maltreatment in sport.

CSC and its members (Board, Members-at-Large, Committee Members and Staff) will now have access to the services of the Office of the Sport Integrity Commissioner (OSIC), which serves as the central hub of Abuse-Free Sport.

"CSC recognizes that safe sport is everyone's responsibility. We're fully committed to doing our part to support a growing national movement that is changing the culture of sport in this country. As part of that commitment, we're pleased to sign on to Abuse-Free Sport and to have the OSIC to administer our safe sport complaints," Claire Carver-Dias, CSC



President said. “The sport community has been asking for just this kind of consistent national program. It’s an important step forward for everyone involved in sport in Canada.”

CSC has completed the full adoption of the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS), which it must do when becoming part of the Abuse-Free Sport program, and has made the required policy changes.

There is more information about the Abuse-Free Sport program [HERE](#), on the OSIC [HERE](#), and on Commonwealth Sport Canada [HERE](#).

## CANADIAN COMMONWEALTH GAMES BID



# 2030



# Alberta Community Builders to Explore Bringing 2030 Commonwealth Games to Province

## **Alberta is provided the opportunity to bid for the 2030 Commonwealth Games**

A group of Alberta community builders have been working to explore the possibility of hosting the 2030 Commonwealth Games through a unique opportunity focused on strategic partnerships and cost sharing options.

These community leaders, including those from business, sport, culture and academia, have been collaborating over three years with potential partners, venue operators, technical experts, and community advocates to do the foundational work required to complete a feasibility assessment to bring the Commonwealth Games to communities throughout the province. Numerous discussions have been held with Commonwealth Sport Canada and the international Commonwealth Games Federation.

To date, this evaluation and planning has been funded entirely by community donations. All government partners will now invest in the project as it transitions into an official exploration phase.

The Commonwealth Games, often referred to as the *Friendly Games*, is a multi-sport and cultural event that takes place every four years, bringing together 74 Commonwealth nations and territories. The Games consist of 4,500 athletes, including para sport athletes, competing in 20 summer sport disciplines.

The Games would be held over 11 days in August, 2030 with competitions and cultural events shared between Calgary, Edmonton, Tsuut'ina Nation, the Bow Valley and other Alberta communities.

[\[READ MORE\]](#)





## S4N Edmonton: The Sustainability of Partnerships

July 5, 2023 - Edmonton, Alberta

Written by: Sarah Smith, SportWORKS Officer, S4N Edmonton

Accessibility in sport can seem like an insurmountable task when viewed alone. Barriers can pile up quickly; having reliable transportation to get back and forth from practices and games, enough funding to pay your way through the ever increasing costs, battling through systems that are not always created to best fit the participant. Now, if you add being new to the country, not know the language, not always fitting the mold of what is expected, racial differences, and potentially starting your chosen sport later than others due to extenuating circumstances, you can see how these barriers pile up to a point where you do not have the adequate means to try. This is the value of the Commonwealth Sport Canada's Sport for Newcomers Initiative (S4N), partnering with organizations such as ours, Action for Healthy Communities (AHC), to help deliver as "barrier free" programming as is possible to our target audience: newcomers to Canada. But are we doing our job if after we have completed our project, we are no longer developing these same opportunities?

This question of sustainability has been central to our thinking during this second round with CSC. After completing the first year of the S4N Initiative, AHC was able to leverage some of our experience into research around barriers for newcomers. Part of this research included developing connections with sport organizations across the city of Edmonton in order to better understand everyone's experiences and knowledge on providing accessible programming. Through these connections and partnerships, we have been able to have valuable conversations on the differences between where some sports are at and where newcomers meet them. Take for example the national pastime of many Canadians:

Most Canadians know first hand the many barriers that exist for everyone when trying to play the popular Canadian sport. For some, those barriers have prevented the opportunity to play. However, Edmontonians still grew up in the cosmos that is Oilers fandom here in Edmonton. Like many Canadian cities, the NHL fandom is all encompassing. It is what makes the city breathe, yell, proclaim, despair, cheer, and sulk. There have been many bright days that have felt dull due to a disappointing season (decade of darkness anyone?), and, conversely, some dull days that have felt bright as ever due to playoff magic (thank you McJesus!). Now, not everyone in the city is as enamoured with Goilers fever as others. Even if they are not, it is hard to miss seemingly every car sporting an Oilers flag, every restaurant loudly blaring the current game, and the constant chatter and hum on the street after an exciting win. Let alone if you live downtown and hear the roar of the Moss Pit and honking of cars as the crowds exit the latest watch party. It is safe to say that Canadian NHL markets in general have not had to market their teams to a new, unknowing, audience in a very long time. All this to say, when introducing newcomers to the quintessential Canadian pastime, where do you start? How do you continue?

We started at the basics. Before the skating lessons and the hockey equipment. Without the hardwired orange and blue flowing through the veins. Stick in hand, movable goal on ground, and ball in the street. Ball Hockey. Now, ball hockey negates a lot of the barriers that exist within the sport such as technical skating skills, professionalization of the sport and leagues making it hard to join, cost & time commitments, etc. However, even at its basic structure, the piece of community connection is still missing. The heart of the program is gone. While we can teach the enjoyment of the game, it still does not explain the rest. Cue, the Oilers themselves.







*Edmonton Oilers Alumnus Mark Fistic answering questions from students at Ross Sheppard High School about hockey, playing with the Oilers, and so much more!*

One of the developed partnerships over the past year and continuing to today is with the Oilers Alumni group. They have volunteered their time and energy to come out and help some of our newcomers learn the sport of hockey, talk about and answer questions on all things Oilers, and play ball hockey with our youth. By doing so, they have opened the door to Rogers place. This still leaves us in a predicament, however. While we at AHC have resources to connect newcomers to opportunities, and provide social learning and community connection, we do not have the resources or the capacity to hire a bunch of coaches for different sports continuing past our dedicated Try-It days. Instead, we have reached out to sport organizations that have already done the work to create a system that lowers barriers and brought them into the connection point. For us this has been Free Play – an organization in Edmonton that works to provide opportunities for low-income youth across the city to participate in sport, develop their social learning, and have a safe space to try new things. Our youth fit within the requirements of their organization for participants which makes them a perfect fit. When

our youth join the program they are trying a new skill and learning the cultural relevance of the sport they are playing, while learning from coaches and programs that can continue that opportunity if the participant so chooses.

For us, the connection between AHC, professional sport organizations, and community recreational sport, is the ultimate display of the power of our organization. It takes the desire of our clients to better understand their new community and provides them both the opportunity to learn and the chance to continue that learning. Along the way, we also create a new avenue for life long activity and sport experiences. At least, that is the goal – one that we can hopefully reach this summer and during the upcoming busy month of July!

'Til next month, when we wrap up our S4N Edmonton Initiative in style!

Sarah

## ALUMNI PROFILE

### Margie Schuett

Volunteer - 1980 to 2006



A long-time community service volunteer and experienced sports leader, Margie has participated in numerous capacities within the amateur sports environment at the Olympic, Pan Am, Commonwealth Games and World Championships; Chair of the Camp Cadicasu Association of Calgary, Founding Board Member of Motivate Canada, and was involved as an original member of a team serving as athlete advisor during the establishment of Athletes CAN. Her volunteer commitment to mentoring and supporting athletes in securing personal sponsorships and marketing support continues today.

During her 26 years with the CSC, Margie has served in various positions in significant ways. Beginning in 1980, Margie represented the corporate sponsor of Sears Canada, who supplied the non-competitive clothing for the 1982 Commonwealth Games in Brisbane. From there, an opportunity was offered and accepted to join the Board as Director and Vice President; she served in many volunteer positions from Director, Chair of the Games Business Unit, and Mission Staff Member in 1982, 1990, 1994, 2002, and 2006 as well as Chef de Mission in 1998 in Kuala Lumpur Malaysia. During this time, Margie also was a member of the 1976 through 1984 Winter and Summer Olympic Teams and the 1979, 1983, and 1987 Pan Am Teams. Margie also had a twenty-year run serving as a Chef de Mission for Team Canada at the World Aquatics Championships through to 2019.



Coming from the corporate community as Sears Canada's National Fashion Director for women's fashions and accessories, National Director of Corporate Marketing for all men's, women's and children's fashion and accessory departments and finally as National Director of Marketing for Sponsorships Margie played a crucial role in linking her experience and contacts to CSC. Her volunteer commitment as a Vice President, Member of the Commonwealth Games Foundation, Chair of the Games Operations Business Unit, representing the CSC at the 1996 and 2006 Federation General Assemblies and in the CSC Sport Development programs was extensive and helpful in supporting millions of dollars valuable in-kind product and services to the CSC. Margie accepted the challenge of assisting countries like Vanuatu, Cayman Islands, Bermuda, Turks and Caicos and Gibraltar to secure sponsorships for non-competitive clothing for the 2006 games in Melbourne, developing mission operations materials and business development guidelines for developing countries with limited experience in planning and sponsorship development.

One of Margie's most significant contributions was to increase CSC's focus on creating an inclusive environment recognizing athletes' participation in critical matters, including board representation, overseeing the implementation of processes in representing their team member rights during a competition related to issues involving team discipline, Flag Bearer selection, Mission Staff operations and ensuring balance of female representation in coaching Commonwealth Games sports. Over 20 innovative initiatives related to a growing role for athletes' involvement at the Board table and Games competitions were a significant source of pride for Margie during her time with CSC.

Margie was included in the McClelland & Stewart publication of "Heroes in our Midst" - a collection of 110 personal stories from Canada's top athletes and sports people who have participated at the elite sporting competition level. The stories offer a private window into a world few people know about. Most recently, Margie was profiled in the book "Shattered Hopes", a collection of stories from athletes, coaches and others affected by the 1980 Olympic boycott written by Sheila Robertson.

As a Commonwealth Games Federation Award of Merit inductee, Judy Kent said of Margie when she was given the 2016 Canadian Commonwealth Sport Award of Merit: "My first impressions of Margie were 'what a presence'... she was the centre around which so much revolved.....she was the heart of so many things, and she could talk to anybody, and they would love her. And these are the kind of leaders you need to make a change...."

## WHERE ARE THEY NOW?

### ATHLETES



**Joanne Burns Millar**

Netball - Kuala Lumpur 1998 and Manchester 2002 Commonwealth Games

Results: 4th place (2002), 5th place (1998)

**Now:** CEO President of Pacific Destinations Inc



**Roseline Filion**

Diving - Melbourne 2006, Delhi 2010, and Glasgow 2014 Commonwealth Games

Results: 1 x Gold Medal - 10m Women's Platform Synchronised (2014)

2 x Bronze Medals - 10m Women's Platform Synchronised (2006), 10m Women's Platform (2014)

**Now:** Radio and Television analyst



**Ravi Kahlon**

Field Hockey - Manchester 2002 and Melbourne 2006 Commonwealth Games

Results: 6th Place (2002), 9th Place (2006)

**Now:** Member of the Legislative Assembly of British Columbia

### COACHES



**Steve Anderson**

Coach, Beach Volleyball – Gold Coast 2018 Commonwealth Games

**Now:** Head Coach, Vanuatu National Beach Volleyball Team



**Vincent Mikuska**

Coach, Para Swimming – Glasgow 2014 and Gold Coast 2018 Commonwealth Games

**Now:** Artist/Painter, Contemporary abstract art

**VOLUNTEERS / BUILDERS / SportWORKS / MISSION STAFF**



**Alison Korn**

Mission Staff - Communications Officer

Delhi 2010 and Glasgow 2014 Commonwealth Games

**Now:** Issues Management and Media Relations Advisor at Senate of Canada



**Suzanne Weckend**

Athlete, Swimming - 1994 Commonwealth Games

Athlete, Triathlon - 2006 Commonwealth Games

Mission Staff - Delhi 2010 Commonwealth Games

CSC Board of Directors, Athlete Representative - 2006 to 2014

**Now:** Vice Principal at Greater Victoria School District

## KEY DATES ON THE CSC CALENDAR

**August 4 to 11, 2023**      Trinidad & Tobago 2023 Commonwealth Youth Games

## JOIN OUR NETWORK OF ALUMNI



To date, approximately 3,000 Canadian athletes have competed in the Commonwealth Games. Thousands more have attended the Games as officials or given their time as volunteers. Over 200 CSC SportWORKS Officers have taken part in sport development initiatives in Canada and throughout the Commonwealth. CSC is proud to have been a part of so many lives and we would cherish the opportunity to continue our relationship through the CSC Alumni Program!

### Why should you become a CSC Alumni Program member?

Being a CSC Alumni Program member allows you to:

- Stay in touch with other CSC alumni.
- Receive regular CSC Alumni Newsletters containing news & information about the Commonwealth sport movement in Canada and abroad.
- Become a mentor and contribute to the success of current and future CSC alumni.
- Receive invitations to CSC Alumni events happening in your area.
- Receive exclusive access and offers on CSC/Team Canada clothing, Commonwealth sport events tickets and packages, etc.
- Have a chance to win an all-inclusive, VIP trip for two to the next Commonwealth Games!
- Receive exclusive CSC Alumni discounts!

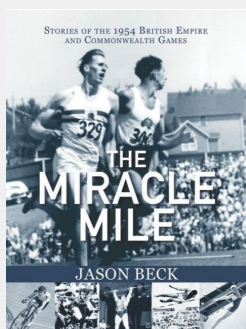
As a Commonwealth Games Canada Alumni Program member, you are entitled to the following discounts:



## 20% DISCOUNT AT ALL RUNNING ROOM STORES

**REMINDER:** If you are a CSC Alumni Program member and have not received your Running Room discount card, please confirm your mailing address so we can send it to you. Email your details to [Chris Taylor](mailto:Chris.Taylor@runningroom.ca).

If you have confirmed your address and are waiting for your card, please be patient during these difficult times - we will send it to you as soon as possible. Thanks.



## 10% DISCOUNT ON PURCHASE OF "THE MIRACLE MILE: Stories of the 1954 British Empire and Commonwealth Games"

By: Jason Beck

CSC Alumni price **\$26.95** plus tax & shipping  
(Regular price \$29.95)

To order a copy of this book, please contact the BC Sports Hall of Fame: 604-687-5520 or email: [sportsinfo@bcsportshalloffame.com](mailto:sportsinfo@bcsportshalloffame.com)

CSC is working to identify further benefits for Alumni Program members.

If you are a CSC Alumnus from Ontario, British Columbia or any other Canadian province or territories and are interested in starting an Alumni Program Chapter in your province, please contact [Kelly Laframboise](mailto:Kelly.Laframboise@commonwealthsport.ca) or phone 613-244-6868 x 2.

CSC has financial support for Alumni activities!

## GET IN TOUCH. PASS IT ON!

We would love to hear your story. Don't be shy, drop us a note at: [alumni@commonwealthsport.ca](mailto:alumni@commonwealthsport.ca) if you would like your profile published!



Please feel free to pass this newsletter on to any other Commonwealth Sport Canada Alumni who may not have already received it – and please encourage them to get in touch with CSC to become an Alumni Program Member!

To become a CSC Alumni Program Member simply complete the Alumni Program Opt In form [HERE](#). Visit our website for complete details on the [Alumni Program](#).

If Alumni want to network with other Alumni, they can also join our Alumni Facebook Group called Commonwealth Sport Canada Alumni.



**Sport with *Social Purpose* | *Sport à vocation sociale***